



Dear Families and Students,

Welcome to “iMust” Discipleship!! You have made one of the best decisions of your life- to *come* to God, to *hear* His words, and to *do* what He says. This 3-step discipleship program is based on our foundational scripture found in Luke 6:47-48:

“Whoever comes to Me, and hears My sayings and does them, I will show you whom he is like: He is like a man building a house, who dug deep and laid the foundation on the rock. And when the flood arose, the stream beat vehemently against that house, and could not shake it, for it was founded on the rock.”

“iMust” are the first two words of the seven words Jesus spoke when He was 12 years old: “I must be about My Father’s business”. “iMust” Discipleship teaches you how to live the seven words of Jesus by *coming* to Him, *hearing* His words and *doing* what He says. This is how we lay our foundation on the rock, and this is how we live victoriously!

Expectations

Each student will be given a journal, a weekly homework checklist, and a folder with additional class resources. Students are expected to review and check off their homework list daily. We highly recommend that this list is visible and accessible all week to keep your child focused and responsible. Students who *consistently* fail to complete their homework will not be allowed to graduate. Each week, students will meet with their coach to discuss their progress during the week. Your student’s coach will also contact your child each week to check-in. The following is a breakdown of expectations for the four-week class:

1. **Come-** We must come to God
 - a. **Attendance:** Students are required to attend all four discipleship classes. *If a student misses a class, they will be unable to graduate.*
 - b. **Prayer:** Students are required to do 7-12 minutes of undisturbed, spoken prayer every day (minutes depend on which level your child is taking). We suggest parents help their child by setting a timer for their children.
 - c. **Fasting:** Students will fast secular media and can only view 5 hours of secular media per week. Christian based apps, games, movies, etc or school books/assignments do not count against the 5 hour limit.

2. **Hear-** We must hear God
 - a. **Reading:** Students will read selected chapter(s) every day.
 - b. **Journaling:** After reading the Bible passage for the day, students will write in their journal and record what God is speaking to them using the SOAP format.
 - c. **Faithbuilders:** Students are required to watch one 10-minute Faithbuilder video and take notes in their journal each week.
3. **Do-** We must do what God says
 - a. **Memorize and Meditate:** Students are given one “memory verse of the week”. Students are encouraged to meditate on the verse throughout the week. Students should try their best to memorize the verse throughout the week and will be given an opportunity in class to recite the verse to their coach. We understand that memorizing scripture can be difficult, especially for kids, so we simply ask that they do their best. As long as they are meditating on it throughout the week they will do great!
 - b. **Ministry:** Students are required to serve in a ministry at church or help others in some capacity outside of church on a weekly basis (extra chores at home, helping a neighbor, etc. Feel free to be creative!).
 - c. **Invite:** Students are required to invite someone to church and/or to “I Must” Discipleship once during the course of the class.
 - d. **Share or Prayer (Levels 5 & 6):** Students need to pray for someone in person OR share the gospel with someone and fill out the “Prayer or Share Worksheet” each week.

If you wish for your child to participate in this discipleship program and commit to helping your child graduate by adhering to the expectations, please fill out a registration form. Cost for the program is \$____ and is due by the start of the first class. We believe your time will be worth the investment and look forward to partnering with your child over the next four weeks!

Reaching a generation before they need to be rescued,



Prayer or Share Worksheet

Check one:

I prayed for someone this week

I shared the gospel with someone this week

Name of person you prayed for/shared the gospel with:

Write a brief summary of what happened and how the other person responded:

Explain how you felt *before* praying/sharing and how you felt *after*:



MUST
DISCIPLESHIP

God Time Checklist:

LEVEL 1



Level 1 God Time Checklist: Week 1

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class
- Class Notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Luke 1)
- Monday (Luke 2)
- Tuesday (Luke 3 & 4)
- Wednesday (Luke 5)
- Thursday (Luke 6)
- Friday (Luke 7)
- Saturday (Luke 8)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #1 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (John 8:31-32)

Ministry

- Help Someone _____

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 1 God Time Checklist: Week 2

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class
- Class Notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Luke 9)
- Monday (Luke 10)
- Tuesday (Luke 11)
- Wednesday (Luke 12)
- Thursday (Luke 13 & 14)
- Friday (Luke 15 & 16)
- Saturday (Luke 17)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #2 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Joshua 1:9)

Ministry

- Help Someone _____

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 1 God Time Checklist: Week 3

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class
- Class Notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Luke 18)
- Monday (Luke 19)
- Tuesday (Luke 20)
- Wednesday (Luke 21)
- Thursday (Luke 22)
- Friday (Luke 23)
- Saturday (Luke 24)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #3 and take notes

Do:

Memorize and Meditate


- Recite memory verse in class (Luke 2:49)

Ministry

- Help Someone _____

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



MUST
DISCIPLESHIP

God Time Checklist:

LEVEL 2



Level 2 God Time Checklist: Week 1

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class
- Class Notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Proverbs 1)
- Monday (Proverbs 3)
- Tuesday (Proverbs 4)
- Wednesday (Proverbs 8)
- Thursday (Proverbs 10)
- Friday (Proverbs 11)
- Saturday (Proverbs 12)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #1 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Luke 6:47-48)

Ministry

- Help someone _____

Invite

- Invite someone to church (*must do once during the course of the three week class)

Weekly Bonus Raffle

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 2 God Time Checklist: Week 2

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class
- Class Notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Proverbs 13)
- Monday (Proverbs 14)
- Tuesday (Proverbs 15)
- Wednesday (Proverbs 16)
- Thursday (Proverbs 17)
- Friday (Proverbs 18)
- Saturday (Proverbs 19)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #2 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Psalm 37:3-4)

Ministry

- Help someone _____

Invite

- Invite someone to church (*must do once during the course of the three week class)

Weekly Bonus Raffle

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 2 God Time Checklist: Week 3

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class
- Class Notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Proverbs 21)
- Monday (Proverbs 22)
- Tuesday (Proverbs 24)
- Wednesday (Proverbs 25)
- Thursday (Proverbs 27)
- Friday (Proverbs 28)
- Saturday (Proverbs 29)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #3 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Joshua 1:8)

Ministry

- Help someone _____

Invite

- Invite someone to church (*must do once during the course of the three week class)

Weekly Bonus Raffle

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



MUST
DISCIPLESHIP

God Time Checklist:

LEVEL 3



Level 3 God Time Checklist: Week 1

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Acts 1&2)
- Monday (Acts 3&4)
- Tuesday (Acts 5&6)
- Wednesday (Acts 7)
- Thursday (Acts 8)
- Friday (Acts 9)
- Saturday (Acts 10)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #1 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Romans 8:28)

Ministry

- Help someone _____

Invite

- Invite someone to church (*must do once during the course of the three week class)
- Invite someone to discipleship (*must do once during the course of the class)

Weekly Bonus Raffle

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 3 God Time Checklist: Week 2

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Acts 11&12)
- Monday (Acts 13)
- Tuesday (Acts 14&15)
- Wednesday (Acts 16)
- Thursday (acts 17&18)
- Friday (Acts 19)
- Saturday (Acts 20)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #2 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Romans 8:31-32)

Ministry

- Help someone _____

Invite

- Invite someone to church (*must do once during the course of the three week class)
- Invite someone to discipleship (*must do once during the course of the class)

Weekly Bonus Raffle

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 3 God Time Checklist: Week 3

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Acts 21)
- Monday (Acts 22)
- Tuesday (Acts 23)
- Wednesday (Acts 24&25)
- Thursday (Acts 26)
- Friday (Acts 27)
- Saturday (Acts 28)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #3 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (James 1:22)

Ministry

- Help someone _____

Invite

- Invite someone to church (*must do once during the course of the three week class)
- Invite someone to discipleship (*must do once during the course of the class)

Weekly Bonus Raffle

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



MUST
DISCIPLESHIP

God Time Checklist:

LEVEL 4



Level 4 God Time Checklist: Week 1

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Psalm 1)
- Monday (Psalm 5)
- Tuesday (Psalm 8)
- Wednesday (Psalm 11)
- Thursday (Psalm 15)
- Friday (Psalm 16)
- Saturday (Psalm 19)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #1 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Romans 10:9)

Ministry

- Help someone _____

Invite

- Invite someone to church (*must do once during the course of the three week class)
- Invite someone to discipleship (*must do once during the course of the class)

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 4 God Time Checklist: Week 2

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Psalm 23)
- Monday (Psalm 24)
- Tuesday (Psalm 27)
- Wednesday (Psalm 31)
- Thursday (Psalm 34)
- Friday (Psalm 37)
- Saturday (Psalm 63)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #2 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Ephesians 2:10)

Ministry

- Help someone _____

Invite

- Invite someone to church (*must do once during the course of the three week class)
- Invite someone to discipleship (*must do once during the course of the class)

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 4 God Time Checklist: Week 3

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

7 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Psalm 71)
- Monday (Psalm 86)
- Tuesday (Psalm 91)
- Wednesday (Psalm 95)
- Thursday (Psalm 100)
- Friday (Psalm 103)
- Saturday (Psalm 139)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #3 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (1 Thessalonians 5:16-18)

Ministry

- Help someone _____

Invite

- Invite someone to church (*must do once during the course of the three week class)
- Invite someone to discipleship (*must do once during the course of the class)

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



MUST
DISCIPLESHIP

God Time Checklist:

LEVEL 5



Level 5 God Time Checklist: Week 1

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

12 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Galatians 1)
- Monday (Galatians 2)
- Tuesday (Galatians 3)
- Wednesday (Galatians 4)
- Thursday (Galatians 5)
- Friday (Galatians 6)
- Saturday (Ephesians 1)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #1 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (James 1:5)

Ministry

- Help someone _____

Invite & Prayer or Share

- Pray for someone OR share the gospel and fill out "Prayer or Share" sheet
- Invite someone to church or discipleship _____

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 5 God Time Checklist: Week 2

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

12 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Ephesians 2)
- Monday (Ephesians 3)
- Tuesday (Ephesians 4)
- Wednesday (Ephesians 5)
- Thursday (Ephesians 6)
- Friday (Philippians 1)
- Saturday (Philippians 2)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #2 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Psalm 103:2-4)

Ministry

- Help someone _____

Invite & Prayer or Share

- Pray for someone OR share the gospel and fill out "Prayer or Share" sheet
- Invite someone to church or discipleship _____

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 5 God Time Checklist: Week 3

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

12 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Philippians 3)
- Monday (Philippians 4)
- Tuesday (Colossians 1)
- Wednesday (Colossians 2)
- Thursday (Colossians 3)
- Friday (Colossians 4)
- Saturday (1 Corinthians 13)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #3 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Philippians 4:6-7)

Ministry

- Help someone _____

Invite & Prayer or Share

- Pray for someone OR share the gospel and fill out "Prayer or Share" sheet
- Invite someone to church or discipleship _____

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



MUST
DISCIPLESHIP

God Time Checklist:

LEVEL 6



Level 6 God Time Checklist: Week 1

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

12 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Romans 1)
- Monday (Romans 2)
- Tuesday (Romans 3)
- Wednesday (Romans 4 & 5)
- Thursday (Romans 6 & 7)
- Friday (Romans 8)
- Saturday (Romans 9)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #1 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (2 Corinthians 10:4)

Ministry

- Help someone _____

Invite & Prayer or Share

- Pray for someone OR share the gospel and fill out "Prayer or Share" sheet
- Invite someone to church or discipleship _____

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 6 God Time Checklist: Week 2

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

12 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (Romans 10)
- Monday (Romans 11)
- Tuesday (Romans 12 & 13)
- Wednesday (Romans 14)
- Thursday (Romans 15)
- Friday (Romans 16)
- Saturday (James 1)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #2 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Galatians 6:7)

Ministry

- Help someone _____

Invite & Prayer or Share

- Pray for someone OR share the gospel and fill out "Prayer or Share" sheet
- Invite someone to church or discipleship _____

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Level 6 God Time Checklist: Week 3

Name: _____ Parent Signature: _____

Come:

Attendance

- Discipleship Class and class notes

12 minutes each day of undisturbed, spoken prayer

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Fasting

- 5 hours of secular media limit this week

Hear:

Reading

- Sunday (James 2)
- Monday (James 3 & 4)
- Tuesday (James 5)
- Wednesday (1 John 1 & 2)
- Thursday (1 John 3)
- Friday (1 John 4)
- Saturday (1 John 5)

Journaling

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Faithbuilder

- Watch Faithbuilder #3 and take notes

Do:

Memorize and Meditate

- Recite memory verse in class (Matthew 5:16)

Ministry

- Help someone _____

Invite & Prayer or Share

- Pray for someone OR share the gospel and fill out "Prayer or Share" sheet
- Invite someone to church or discipleship _____

Weekly Bonus Raffle (Optional)

- Verse Art: Write out this week's memory verse and decorate it or draw a picture to go with it



Reference Sheet

Note-Taking Tips

- ❖ **Listen-** Taking notes should not keep you from listening. Jot down key words to help you remember main ideas. You can always go back later and fill in more detail.
- ❖ **Highlight-** When you review your notes, highlight titles in one color and scripture addresses in another. It makes it easy to access notes in the future.
- ❖ **Add to notes!** - You can always include your personal thoughts and prayers as you review class notes. Make it fun and use a gel pen or cool color to help make your personal additions stand out.

Ideas for Prayer Time

- ❖ **Worship-** Sing to the Lord.
- ❖ **Praise-** Tell the Lord how good, amazing, powerful, great, just, faithful, and awesome He is. ❖ **Thanksgiving-** Thank the Lord for everything good in your life. Be specific. ❖ **Declarations-** Declare God's promises in your life.
- ❖ **Petitions-** Ask the Lord for wisdom and help for your life and others. Pray for our country and government officials. 1 John states that we do not have because we do not ask. Let's ask! ❖ **Confession-** Confess your sins to the Lord. Everything! When we ask for forgiveness, the Lord is faithful and just to forgive our sins and cleanse us from unrighteousness (1 John 1:9). ❖ **Forgive-** Forgive anyone who has sinned against you. The Lord forgives our sins and commands that we forgive others. Forgiving others helps our lives!
- ❖ **Pray in your spiritual language-** If you have your spiritual language, use it. If not, ask the Lord to give it to you.
- ❖ **Listen-** It's OK to be silent. Take time to hear from the Lord.

Bible Reading Tips

- ❖ **Pick the right Bible version for you-** There are kid-friendly and easier Bible versions that will help you understand what you read in the Bible. *Examples include: NIRV (for kids), NLT (New Living Translation), and the Message.*
- ❖ **Pray-** Each time you read your Bible, first pray and ask the Lord to help you understand His

Word and to speak directly to you through His Word. Ask Him to show you which verse you should journal on.

- ❖ **Highlight/underline your Bible-** Highlight and/or underline Bible verses that speak to your heart and that you want to remember. It's ok to write in your Bible ☺. God wants to speak to you through His Word and wants you to remember what He says.
- ❖ **Download a Bible reading app-** With a Bible app like *You Version*, you can read anywhere, even if you don't have your Bible with you. Most Bible apps include an audio option so that you can hear the Bible being read to you while you follow along.

Journaling Guidelines

- ❖ **Have fun!** – Be creative and write out your scripture with fun colors and lettering. Make it big and special! You can even include some drawings for extra fun!
- ❖ **Use the SOAP method-** In your journaling, include the following:
 - Scripture- As you read, write out the verse(s) that stuck out most to you.
 - Observation- What truth can you learn? Are there any warnings? Principles? Commands? What is the overall message of the verse?
 - Application- How does this verse apply to your life today? How can you live differently in light of this truth?
 - Prayer- Turn these thoughts into prayer. Ask the Lord to show you how to meditate on and apply this scripture to your life.

Memory Verse Advice

- ❖ **Pray-** Ask the Lord to help you understand and memorize the memory verse-of-the-week. ❖
- Understand-** Be sure to understand what the verse means. Ask for help if you need it. When we understand something, it is much easier to memorize it.
- ❖ **Read-** Read your memory verse aloud several times a day. Try to read it at least 10 times a day a few times in the morning, after school, before and after "I Must" Bible reading and journaling, and before bed.
- ❖ **Recite and peek-** Try your best to recite the verse without looking, but peek whenever you need to, and try again. Keep trying and keep peeking.
- ❖ **Write it out-** Write out the memory verse several times. When we write, it helps us remember. ❖
- Put it up-** Write out the memory verse on an index card or make it colorful on a big piece of paper. Put it up somewhere where you will see it often. You can put several up! Read it every time you see it.

MEMORY VERSE JOURNAL

S

Scripture

Scripture Reference :

_____ Write out the verse
you chose to journal on:

O

Observation

What do I observe in this scripture? What does this scripture mean?

A

*A
pplication*

How can I apply this scripture to my life? How can I put this into practice?

P

Prayer

What is my prayer to the Lord regarding this scripture?